

Critical Appraisal Worksheet: Practice Guidelines

1. Is the guideline recent and based on current evidence?	
2. Does the guideline address a clear issue?	
3. Are the target patients, practitioners, and setting(s) clearly defined?	
4. Was there a comprehensive search for and rigorous evaluation of the evidence?	
5. Is there an explicit link between the recommendations and the supporting evidence?	
6. Are the recommendations rated according to the strength of the supporting evidence?	
7. Is the group of guideline developers multidisciplinary and balanced by clinical and methodological expertise?	
8. Is the guideline editorially independent from the funding body?	
9. Are all potential conflicts of interest disclosed and addressed?	
10. Was the guideline externally reviewed by independent experts prior to its publication?	

Adapted from: Heneghan, Carl and Badenoch, Douglas. **Evidence-based Medicine Toolkit, 2nd edition**. Oxford: Blackwell Publishing; BMJ Books. 2006. p. 21. AND Scott, Ian A. and Guyatt, Gordon H. "Suggestions for improving guideline utility and trustworthiness". **Evid Based Med**. 2014. 19(2) p. 42.